



Co-funded by
the European Union



Agência Nacional
Erasmus+ Juventude/Desporto
Corpo Europeu de Solidariedade

NEWSLETTER

JUNE 2026

ISSUES #3



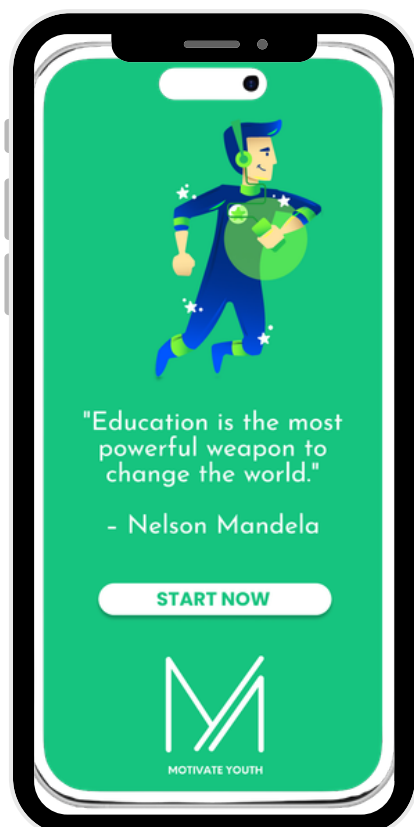
ABOUT THE PROJECT

The "Motivate Youth" project seeks to empower young people across Europe to overcome motivational challenges and pursue their aspirations with confidence and resilience. By leveraging technology, peer support, and rigorous evaluation, the project aims to create sustainable solutions that foster a culture of motivation and achievement among the youth.



LTTA BRAGA, PORTUGAL

From 19 to 25 April 2026, the Motivate Youth partners met in Braga, Portugal, for the project's Learning, Teaching and Training Activity (LTTA). Participants explored motivation, active participation, and personal development through non-formal education activities, while testing project resources and contributing feedback to the development of the Motivation App and Peer Mentoring Programme. The training also strengthened cooperation among partners and promoted the exchange of good practices in youth engagement.



APP

The Motivate Youth App was officially launched in March 2026 and is now available on the App Store, with the Google Play version coming soon.

The app helps young people set goals, track their progress, and access opportunities in volunteering, education, employment, and sports through a gamified experience.

MENTORING PROGRAM

The Motivate Youth Mentoring Programme has officially started in all partner countries. Trained mentors are now delivering tailored mentoring sessions, both online and face-to-face, supporting young people in strengthening their motivation, personal development, and future educational and professional pathways. Through this programme, participants receive individual guidance, practical tools, and encouragement to become more active and engaged in their communities.

WWW.MOTIVATEYOUTH.FAJUB.PT